

From the KPMG "Mind the Gap" interview with board member Joan Amble on

THE IMPORTANCE OF SPEAKING UP

- 1. Have a personal board of directors.** Practice articulating what you want to say with people you trust
- 2. Have the conversation!** Keep it short & do it as a business discussion, not a personal one
- 3. Say it with confidence.** Ensure your body language supports what you want to convey
- 4. Prepare!**

Top tip

If something unexpected comes up in the discussion, especially something that hits a nerve, be prepared to say **"I want to give that some thought, can we continue this discussion tomorrow?"**

This helps you to avoid giving a knee jerk reaction, or your response being interpreted incorrectly or negatively.