



Role Models

Who in your career and life do you look up to?

Sponsors

Who champions you in your career?

Mentors

Who do you go to for career advice and to develop specific skills?

Clients

Who do you need to build relationships with to meet your objectives?

Knowledge sharing

Who do you go to learn from and share knowledge?

Professional network

Who do you need to know to maximise effectiveness in your job?

Feedback

Who gives you feedback?

Personal life network

Who is your back up support/makes life easier outside of work? School run, takes in parcels etc...

Emotional support

Who supports you emotionally when you need to talk?